



52. Your Belt and Breastplate

“Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness,”

Ephesians 6:13-14.

When you see a *therefore*, find out what it’s there for. The *therefore* in each of these verses points back to the war described in verses 11-12. It’s your war against the devil, against the rulers, powers, and forces of this darkness, and against the spiritual forces of wickedness. We are in a serious war ... therefore we must put on the full armor of God. The first two of the six pieces of armor are the belt of truth and the breastplate of righteousness.

Jesus defined *truth* in His John 17:17 prayer,

“Sanctify them in the truth; Your word is truth.”

So gird yourself with the belt of God's Word. Know His Word. And put on the breastplate of righteous living. Be holy. Put on these two pieces of armor *before* you confront the enemy. You must stand firm having girded your loins with His Word and having put on righteous living. Don't try to get dressed during the battle. That's like tying your running shoes after the race has started. Put on your belt and breastplate before the battle. Put them on ... and keep them on. Look into the mirror of Ephesians 6. Have you put on these two pieces of armor? Do you know God's Word? Are you abiding in His Word? And how is your righteousness? Are you living a holy life ... or a compromised life? Don't let the world squeeze you into its mold. What do you see in the Ephesians 6 mirror? Are you fully dressed?

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